

March 2020



Dear friends,

Our message in this newsletter is simple—embrace love and stand against fear. Reach out to your neighbor, your friend, your acquaintance—the person you bump into in the store. Take this a step further and reach out in your thoughts, your prayers—and in person if possible --to those you could consider to be your enemies.

Fear numbs and makes one unable to act. It drives normally reasonable people to do unreasonable things. It allows people to ask governments and authorities to enforce measures that in other circumstances would be unthinkable. It makes us suspicious, drives wedges between people. In it thrive those who spread anxiety, lies, paranoia and who sneer at hope.

As homeschoolers you are already 'out of the box', already taking a stand for your family's health and well-being. May you grow in your strength and clarity to be able, out of love, to act thoughtfully and with compassion as you find the best ways to respond to the fear that presses in from all sides. May you find the strength to stand up to fear and to transform it into love.

Here are words from Rudolf Steiner which he wrote during the terrible years of World War I, that apocalyptic time when the seeds of discord which are now coming to fruition were sown. This passage can be helpful to take into one's personal meditation at a time like this:



***We must eradicate root and branch  
any fear and dread in our soul  
concerning the future that is  
coming towards us...We must  
develop composure with regard to  
all the feelings and sensations we  
have about the future; we must  
anticipate with absolute  
equanimity whatever may be  
coming towards us, thinking only  
that whatever it may be will be  
brought to us by the wisdom-filled  
guidance of the universe.***  
- Rudolf Steiner

Blessings to you all,  
Donna