

March 2022



## The Homeschool Journey Newsletter

Christopherus Homeschool Resources  
Waldorf-inspired Parenting and Education

Dear friends,

No matter what one's situation is, when one has a family, it is imperative that each parent takes care of themselves so that the family can rest on the firm and healthy foundations of the parents. Both parents should be involved in such self care---but often, the reality is that one spouse's ability to go out and work in the world is reliant on the calm centeredness of the stay-at-home parent. In homeschooling families, we have the precious opportunity for the stay-at-home parent to really embrace the role of nurturing 'Keeper of the Hearth.



Here are a number of blog articles I have written (some very old!!) that could be of help.

The first is from a long-time friend of Christopherus, Lea Page:

- <https://www.christopherushomeschool.com/2016/02/09/homemaking-together-restoring-the-family-ecosystem/>

Here is a post I wrote a long time ago about one of the anthroposophical books which I found to be the most supportive and enlightening when I was in the thick of being a homeschooling mother:

- [https://www.christopherushomeschool.com/2005/07/13/the\\_role\\_of\\_the/](https://www.christopherushomeschool.com/2005/07/13/the_role_of_the/)
- <https://steinerbooks.presswarehouse.com/browse/book/9780904693843/The-Spiritual-Tasks-of-the-Homemaker>



The next two old blog posts are about personal development. Unending personal development is what it takes to find balance and harmony as one carries one's family and homeschool through life's ups and downs. It can be seen as a lot of work and a burden---or such self discipline can be seen as an opportunity to drink from a well of nourishment and support. Like so much in life, how one chooses to face a situation will determine whether one is

overwhelmed by the grumbles of one's lower self or learns to tune that voice out and instead listen to the quiet voice which shows the way.

- <https://www.christopherushomeschool.com/2008/08/13/unending-personal-development/>
- [https://www.christopherushomeschool.com/2007/05/29/self\\_developmen/](https://www.christopherushomeschool.com/2007/05/29/self_developmen/)

Themes in these two posts are worked with in a number of ways in our [Self Study Course](#). Through journalling, listening to talks I give, artistic activities and study, a parent can embark on a journey not just to learn more about Waldorf homeschooling, but to strengthen her (or his) own inner journey and fortitude as she takes on this work.

We provide a 'buddy system' so that people taking our Course can choose to support one another in their work.

From 20 March until 8 April, we are offering 15% off our [Self Study Course](#). Please use coupon **DXGT2**

Do have a look at [the Networking section](#) on the Christopherus website to see if there is anyone in your area who is also using Christopherus or to add yourself to the directory. Connecting with people in person is of course so much better than online!

Next month the theme of our Homeschool Journey Newsletter will be 'planning and schedules.' If anyone has any tips they'd like to share with others, do send them---help your fellow Christopherus homeschoolers as they navigate parenting, homemaking and homeschooling!



Til April,  
Blessings on your homeschool journey,  
Donna